



Girls' Basketball Pre-season Schedule

All Athletes must come prepared each scheduled day with the following; a healthy snack or eat before workouts, bring proper clothing to exercise (athletic shorts, sports bra, socks and t-shirt) to run, weight lift, jump, and play basketball. Also must have at all times pair of running shoes, basketball shoes, and water.

NO slides, or flip flops allowed.

September

- Tuesday, September 4, 2018 West Gym 4:00 -7:00 pm
- Thursday, September 6, 2018 West Gym 6:30 -8:00 pm
- Monday, September 10, 2018 Conditioning 4:30 -6:45 pm
- Tuesday, September 11, 2018 East Gym 6:30 -8:00 pm
- Thursday, September 13, 2018 East Gym 4:00 – 6:45 pm
- Monday, September 17, 2018 Conditioning 4:30 -6:45 pm
- Tuesday, September 18, 2018 East Gym 5:00 -7:00 pm
- Thursday, September 20, 2018 East Gym 6:00-8:00 pm
- Monday, September 24, 2018 Conditioning 4:30 -6:45 pm
- Tuesday, September 25, 2018 West Gym 4:00 – 6:45 pm
- Wednesday, September 26, 2018 East Gym 4:00 -6:00 pm
- Thursday, September 27, 2018 East Gym 4:00 – 6:00 pm

October

- Monday, October 1, 2018 Conditioning 4:00 -6:45 pm
- Tuesday, October 2, 2018 East Gym 6:30 - 8:00 pm
- Wednesday, October 3, 2018 East Gym 4:00 -7:00 pm
- Thursday, October 4, 2018 East Gym 6:00 – 8:00 pm
- Monday, October 15, 2018 Conditioning 4:30 -6:45 pm
- Tuesday, October 16, 2018 West Gym 4:00 -7:00 pm
- Thursday, October 18, 2018 West Gym 4:00 - 7:00 pm
- Monday, October 22, 2018 East Gym 4:00 - 6:45pm
- Tuesday, October 23, 2018 East Gym 5:00 – 6:30 pm
- Thursday, October 25, 2018 East Gym 6:00 – 8:00 pm

TRYOUTS: October 29 – November 2, 2018

Coach G 520-444-1700

Coach Greta Naranjo 520-548-9283

Coach Felicia Greenhouse 520-869-2097